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**METHOD AND APPARATUS FOR OPTIMAL
RATE (PHY MODE) CONTROL IN WIRELESS MODEMS
WITH VARIABLE BIT RATE (VBR) CAPABILITY**

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BACKGROUND OF THE INVENTION

1. Field of the Invention

10 The present invention relates generally to rate control in a communication system supporting multiple bit rates or data rates, and more specifically to a rate control algorithm for determining and controlling the rate used in a transmitter that communicates with the receiver. Even more specifically, the present invention relates to a rate control algorithm that may
15 be used in the downlink of a wireless communication network in which a transmitter supporting multiple data rates communicates with multiple remote terminals.

2. Discussion of the Related Art

20 In any communication system there is a performance requirement in terms of target bit error rate (BER) that needs to be achieved for signaling received at a receiver. Usually the performance requirement for communication systems is defined as the target BER p_t at the output of the system after all signal processing including all levels of forward-error-
25 corrections (FEC) and automatic repeat request (ARQ) are completed.

In a communication system supporting multiple data rates by employing appropriate constellations with different coding rates, it is desirable to maximize system throughput or capacity. Throughput is a function of the signal-to-interference ratio (SIR) at a receiver and the
30 modulation scheme used at a transmitter communicating with the receiver. Throughput may be defined as the number of bits that can be transmitted successfully to the receiver within each symbol. The more bits that are

transmitted successfully within each symbol, the higher the throughput of the system. It is noted that as more bits are transmitted within each symbol, more transmit power is required for the bits to be successfully received within the required target BER at the receiver.

5 One technique to optimize throughput is to use adaptive modulation at a modulator of the transmitter to change the number of bits assigned to a carrier as channel conditions change, i.e., change the modulation depending on the channel conditions. The basic idea in adaptive modulation is to vary the number of bits assigned while meeting the required target BER.
10 For example, in any given channel condition, it is desirable to transmit as many bits as possible while meeting the target BER. Thus, a rate control algorithm is employed by the communication system to control the data rate used at the transmitter and to control data rate switching based on the channel conditions.

15 In one approach, a determination whether the received bit error rate (BER) for signaling received at the receiver over a communication channel meets the required target BER at the output of the receiver is made. If the target BER is not met (e.g., the channel conditions are not favorable), then a decision is made to transmit subsequent frames at a lower data rate (e.g.,
20 transmit using QPSK rather than 16-QAM). If the target BER is met, then a decision is made to transmit subsequent frames using the same data rate. If the target BER is sufficiently exceeded (e.g., the channel conditions are favorable), then a decision is made to transmit at a higher rate (e.g., transmit using 64-QAM rather than 16-QAM). This decision may be made at the
25 receiver and sent back to the transmitter or made at the transmitter itself based upon measurements sent back from the receiver.

 In many communication systems, particularly wireless communication systems, the channel between a given transmitter and a given receiver may be time variant and unreliable; thus, there are fluctuations in the
30 channel conditions at the receiver due to changes in the wireless channel

characteristics. Often in wireless channels, particularly wireless channels in a multipath environment, such as in indoor wireless networks, the channel conditions deteriorate for a short period of time and then recover quickly. Disadvantageously, if the highest rate is selected based on different

5 thresholds of the measured BER relative to the target BER and the channel conditions are fluctuating, a ping-pong effect may result where the system repeatedly switches between two rates. This results in an inefficient use of the system resources. Furthermore, unnecessary rate changes result in unnecessary changes in transmit power, which causes co-channel interference

10 to other communication terminals, for example, within the indoor wireless network.

SUMMARY OF THE INVENTION

The present invention advantageously addresses the needs

15 above as well as other needs by providing an adaptive, real-time, optimal rate control algorithm with multi-rate capability that maximizes throughput while minimizes the number of unnecessary rate changes when selecting rates.

In one embodiment, the invention can be characterized as a method of rate control between a first communication terminal and one or

20 more remote communication terminals of a communication system, and a means for accomplishing the method, the method including the steps of: receiving, at each of the one or more remote communication terminals, a respective signal modulated using a respective one of a plurality of rates from the first communication terminal via a respective forward channel, wherein

25 each communication terminal is capable of supporting communications using the plurality of rates; and determining a respective optimal one of the plurality of rates to be used by the first communication terminal for a respective subsequent signal to be transmitted to each of the one or more remote communication terminals based upon a respective maximization of

30 the throughput to each of the one or more remote communication terminals

given a respective channel state of each respective forward channel and a cost associated with a change in rate.

In another embodiment, the invention may be characterized as a rate control device for controlling the rate for communications from a first communication terminal to a second communication terminal of a communication system, the device including a rate control module configured to perform the following steps: obtaining a respective one of a plurality of rates corresponding to a signal received over a forward channel from the first communication terminal, the received signal having been modulated using the respective one of the plurality of rates, wherein each communication terminal is capable of supporting communications using the plurality of rates; obtaining a channel state corresponding to the channel conditions of the forward channel for the signal received; and determining an optimal one of the plurality of rates to be used by the first communication terminal for a subsequent signal to be transmitted to the second communication terminal based upon a maximization of the throughput to the second communication terminal given the channel state of the forward channel and a cost associated with a change in rate.

In yet her embodiment, the invention can be characterized as a method of rate control between a first communication terminal and a second communication terminal of a communication system, the method including the following steps: obtaining a respective one of a plurality of rates corresponding to a signal received over a forward channel from the first communication terminal, the received signal having been modulated using the respective one of the plurality of rates, wherein each communication terminal is capable of supporting communications using the plurality of rates; obtaining a channel state corresponding to the channel conditions of the forward channel for the signal received; and determining an optimal one of the plurality of rates to be used by the first communication terminal for a subsequent signal to be transmitted to the second communication terminal

based upon a maximization of the throughput to the second communication terminal given the channel state of the forward channel and a cost associated with a change in rate.

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BRIEF DESCRIPTION OF THE DRAWINGS

The above and other aspects, features and advantages of the present invention will be more apparent from the following more particular description thereof, presented in conjunction with the following drawings wherein:

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FIG. 1 is a diagram illustrating interference between communicating terminals of adjacent cells of a communication system;

FIG. 2 is a diagram illustrating one embodiment of a single cell of the communication system of FIG. 1;

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FIG. 3 is a functional block diagram of several components of a remote terminal of the cell of FIG. 2, which according to several embodiments of the invention, implements a distributed rate control algorithm for downlink communications from the access point to the various remote terminals;

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FIG. 4 is a flowchart illustrating the steps performed by a remote terminal of FIGS. 2 and 3 in implementing the distributed rate control algorithm for downlink communications from the access point to the remote terminal according to one embodiment of the invention;

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FIG. 5 is a trellis diagram illustrating rate control algorithm updates for a given channel state according to one embodiment of the invention;

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FIG. 6 is a flowchart illustrating one embodiment of the steps performed by the rate control module of a remote terminal of FIGS. 2 and 3 when implementing the optimal rate control algorithm of one embodiment of the invention;

FIG. 7 is a graph of transmitted bits per symbol versus range

with and without the distributed downlink rate control algorithm of several embodiments of the invention;

FIGS. 8 and 9 are graphs of the error versus frame count in linear scale and logarithmic scale, respectively, illustrating the convergence of the distributed rate control algorithm of several embodiments of the invention; and

FIG. 10 is a flowchart illustrating one embodiment of the steps performed by the remote terminal of FIGS. 2 and 3 when implementing the optimal rate control algorithm of one embodiment of the invention.

Corresponding reference characters indicate corresponding components throughout the several views of the drawings.

DETAILED DESCRIPTION

The following description is not to be taken in a limiting sense, but is made merely for the purpose of describing the general principles of the invention. The scope of the invention should be determined with reference to the claims.

Referring first to FIG. 1, a diagram is shown illustrating interference between communicating terminals of adjacent cells of a communication system. Illustrated are two cells 102 and 104, cell 102 including access point 1 (AP1) and cell 104 including access point 2 (AP2). AP1 communicates with remote terminal 1 (RT1) in cell 102, while in cell 104, AP2 communicates with remote terminals 5 and 6 (RT5 and RT6).

Each access point, AP1 and AP2 share the same channel for uplink and downlink transmissions. Such a communication system, for example may comprise a wireless indoor network or a terrestrial cellular network. Focusing on the activity within cell 102, let AP1-RT1 denote a desired transmitter-receiver pair. Furthermore, in one embodiment, AP1 and RT1 transmit packets using a Time Division Multiple Access/Time Division Duplex (TDMA/TDD) scheme within cell 102; however, in other

embodiments, AP1 and RT1 may communicate using any known multiplexing scheme. As is illustrated by arrows 106, 108 and 110, AP2, RT5 and RT6 in cell 104 cause interference during downlink/uplink transmissions in cell 102. During the downlink transmission 112 from AP1 To RT1 in cell 102, AP2 causes interference 108 during its downlink transmission destined for RT5 and RT6. Also RT5 and RT6 cause interference 106 and 110 on the downlink transmission in cell 102, during their uplink transmissions destined for AP2.

Now assume that N-1 different links or transmit-receive pairs in cell 104 cause interference in the downlink transmission 112 in cell 102. Let G_{ij} denote the link gain from transmitter j (e.g., AP1) to receiver i (e.g., RT1), and P_j denote the power of transmitter j . The link gain G_{ij} is related to the path loss L_{ij} . The path loss is proportional to d_{ij}^k , where k is the path loss exponent. Therefore, the path loss L_{ij} in dB, assuming ideal free-space path loss with path loss exponent $k=2$, is given by:

$$L_{ij} = 20 \log(4\pi d_{ij} / \lambda) + L_{\sigma} \quad \text{Eq. (1)}$$

where d_{ij} is the distance between transmitter j and receiver i , $\lambda = \frac{c}{f}$ is the wavelength, and L_{σ} is a lognormal shadow fading with zero mean and variance σ , with $\sigma = 3 \sim 8 \text{ dB}$. Now, the link gain G_{ij} is given by:

$$G_{ij} = 10^{-L_{ij}/10} \quad \text{Eq. (2)}$$

It is noted that given the path loss (L), the noise floor (N_0), the transmit power (P_t), the modulation scheme, and the minimum detectable signal (MDS) at the receiver (receiver sensitivity), one can compute the range (distance between a transmit-receive pair) over which reliable communication is feasible. In this context, reliable communication means, achieving a

minimum required signal-to-interference ratio (SIR) for a given constellation. This type of analysis is known as Link Budget Analysis. In this analysis, the noise floor is $N=N_0BF$, where $N_0=-174$ dBm/Hz and B is the receiver matched filter bandwidth in Hz (or noise bandwidth), and F is the receiver Noise Figure (NF) of 5 to 10 dB. For example, in some embodiments of a physical layer design, $B=20$ MHz. The received signal-to-interference ratio (SIR) defines the link budget:

$$\gamma = \frac{P_r}{N} = \frac{E_s}{N_0} \times \frac{R_s}{B} \quad \text{Eq. (3)}$$

Where P_r is the received power, E_s is the symbol energy and R_s is the symbol rate. The receiver sensitivity S_R is defined as:

$$S_R = kT_0 F(E_s / N_0) R_s \quad \text{Eq. (4)}$$

where in equation (4) all variables are in linear scale, T_0 is the temperature equal to 290 K. Thus, the maximum allowable path loss, $L_{\max \text{ dB}}$, to achieve a specific link quality SIR as:

$$L_{\max \text{ dB}} = P_{t \text{ dB}} - S_{R \text{ dB}} \quad \text{Eq. (5)}$$

In one embodiment, since the AP1 and RT1 are in a TDMA/TDD communication system, the interferers in cell 104, e.g., AP2, RT5 and RT6 do not all transmit at the same time. Therefore each transmission in cell 104 causes partial interference in a fraction of downlink transmission in cell 102. Let $\alpha_{ij} \in \{0,1\}$ -valued random variable, which indicates that whether at the time of SIR measurement at receiver i (e.g., RT1) in cell 102, the transmitter with power P_j in cell 104 affects the receiver i in cell 102. Clearly $\alpha_{ij} = 1$ and therefore, the power received at receiver i from transmitter j is

$$P_{ij} = \alpha_{ij} G_{ij} P_j, \quad \alpha_{ij} \in \{0,1\} \quad \text{Eq. (6)}$$

Now the SIR for receiver i (e.g., RT1), denoted by γ_i , is

$$\gamma_i(P) = \frac{G_{ii} P_i}{\sum_{j \neq i} \alpha_{ij} G_{ij} P_j + N_i} = \frac{G_{ii} P_i}{I_i} \quad \text{Eq. (7)}$$

where $P=[p_1, p_2, \dots, p_N]$, is the power vector and N_i is thermal noise at receiver i , and $I_i = \sum_{j \neq i} \alpha_{ij} G_{ij} P_j + N_i$, is the total noise-plus-interference at receiver i . From

Eq. (7), one can clearly see that in dynamic TDMA systems, the interference pattern can fluctuate more rapidly because of α_{ij} factors. Thus, the interference in cell 102 of the system of FIG. 1, for example, generated by the terminals of cell 104, causes fluctuations in the channel conditions as seen by the terminals of cell 102.

Referring next to FIG. 2, a diagram is shown illustrating one embodiment of a single cell of the communication system of FIG. 1. In this embodiment, the cell 102 includes access point 1 (AP1) and remote terminals 1, 2, 3 and 4 (RT1, RT2, RT3 and RT4). AP1 may generically be referred to as a communication terminal or a communication transceiver and includes a transmitter and receiver. Similarly, RT1, RT2, RT3 and RT4 may generically be referred to as remote communication terminals or remote transceivers, each including a transmitter and a receiver. The communication terminals of FIG. 2, e.g., AP1, RT1, RT2, RT3 and RT4, are configured to support multiple data rates, i.e., support multiple modulations such as M-QAM constellations. FIG. 2 also illustrates the forward channel 202 and the reverse channel 204 established between AP1 and each of RT1, RT2, RT3 and RT4. The forward channels 202 are also referred to as the downlink and the reverse channels 204

are also referred to as the uplink.

According to several embodiments of the invention, an optimal rate control algorithm is provided that adaptively controls the rate used by AP1 for communications over the forward channels (downlink) to each of RT1, RT2, RT3 and RT4. In preferred embodiments, the optimal rate control algorithm is a "distributed" algorithm in that the algorithm is performed at each of the remote terminals (which transmits rate update messages back to AP1) of the cell 102, rather than at a central controller for the entire communication system including other cells, e.g., cell 104 of FIG. 1. Thus, based upon signaling from AP1 that is received at each remote terminal (RT) and local measurements taken at each RT, each RT determines at what rate the AP1 should transmit at to each remote terminal for subsequent signaling to each RT over the downlinks depending on the channel conditions. Thus, in preferred embodiments, each remote terminal of each cell in the communication system individually attempts to optimize the rate for signaling transmitted from its access point to each remote terminal within the cell depending upon the channel conditions. Thus, the optimal rate control algorithm of several embodiments of the invention is performed locally within each cell without specific knowledge of the transmission activities and channel condition measurements in adjacent cells. The overall effect of all co-channel links in the system will be represented in the local SIR measurements, and in some embodiments, this is the only means that each terminal of a particular cell uses to learn about other terminals in the vicinity, as such the optimal rate control algorithm is distributed.

It is noted that in alternative embodiments, the optimal rate control algorithm may be centralized and performed in a central controller coupled to all cells in the system. In these alternate embodiments, local measurements of the channel conditions for the received signaling at each remote terminal are sent to the central controller (e.g., they are first forwarded to the access point, which then forwards them to a central controller. The

central controller then determines what rate the access point of each cell should use for transmissions to each of its remote terminals to carry out the optimal rate control algorithm and then transmits these determinations back to the access point of each cell. However, in comparison to a distributed
5 algorithm, the centralized optimal rate control algorithm takes up valuable bandwidth in receiving local measurements and transmitting the rate updates back to the respective cells of the system.

Furthermore, in some distributed embodiments, the optimal rate control algorithm is performed at each remote terminal and the rate update
10 messages are then sent back to the access point from each remote terminal. In other embodiments, the optimal rate control algorithm is performed at the access point in that each of the remote terminals transmits the local measurements of the channel conditions for the signaling received over the downlink back to the access point and a controller at the access point
15 determines what rate it should use for subsequent signaling to each remote terminal over the downlink.

As illustrated in FIG. 1, it is seen that the channel conditions on the respective forward channels will fluctuate due to the interference in neighboring cells and also due to changes in the multipath. In embodiments
20 communicating using a TDMA/TDD frame structure, fluctuations in the channel conditions due to interference are increased. In preferred embodiments, the cell 102 of FIG. 2 represents an indoor wireless (or indoor/outdoor) local area network using orthogonal frequency divisional multiplexed (OFDM) communications based on the IEEE 802.11a standard or
25 the HiperLAN2 standard. However, it is noted that the optimal rate control algorithms of several embodiments of the invention may be applied in communication systems utilizing any known single carrier or known multicarrier (one example of which is OFDM) transmission scheme. In some embodiments, the network is a residential network in which the access point
30 is to another computer network, for example, a cable or satellite interface to

an Internet, while the remote terminals comprise computers (PCs), laptops, televisions, stereos, appliances, palm devices, appliances, etc. In other embodiments, the network comprises a wireless local area network in an office or business in which the access point couples to a larger computer network and the remote terminals comprise other computers, laptops, palm devices, televisions, appliances, etc. It is understood that the optimal rate control algorithm of several embodiments of the invention may apply to any wireless communication network, e.g., cellular, satellite, optical, short range, long range, indoor/outdoor, having multi-rate capability in which channel conditions vary or fluctuate. It is noted that in many embodiments of the invention, one or more of the remote terminals support communications requiring different target bit error rates (BER), i.e., one or more of the remote terminals support traffic of different types of service (TOS). For example, one or more of the remote terminals RT1, RT2, RT3 and RT4 may support one or more of data, voice, and video traffic, for example.

It is also understood that the optimal rate control algorithm of several embodiments of the invention may be used between any two communicating devices, without requiring that such devices be a part of a network or a cell. Thus, the optimal rate control algorithm may be used in a system having two transceivers supporting multiple rates with forward and reverse channels established there between. Furthermore, it is understood that the optimal rate control algorithm of several embodiments may be used between a transmitter-receiver pair supporting multiple data rates, as long as there is a reverse channel of some type established between the transmitter and the receiver to transmit rate update messages in any known form back to the transmitter.

According to several embodiments of the invention, a signal or communication burst is transmitted, e.g., in a media access control (MAC) frame, from a transmitter (e.g., AP1) to a receiver (e.g., RT1). Based on the received signal, the receiver measures the channel conditions using an

appropriate channel condition metric. In one embodiment, the receiver measures the signal-to-interference ratio (SIR) of the received signal. Next, the receiver determines what is the state of the channel based upon the measured channel condition metric, i.e., determines the channel state, which is used by the optimal rate control algorithm to determine the rate for the next signal or burst from the access point for that particular remote terminal. Generally speaking, in order to maximize the throughput between the transmitter and the receiver, during periods of good channel conditions, it is desired to transmit the signaling using the highest rate possible that will still meet the target BER at the receiver. Thus, more bits are successfully transmitted per symbol. During periods of poor channel conditions, a lower rate is chosen such that fewer bits are transmitted per symbol.

However, when rate switches occur frequently or ping-pong rapidly between two different rates, the system may become inefficient. In some cases, a slightly higher BER may be tolerated for a short period of time without having to switch the rate. Thus, according to several embodiments, the objective of the optimal rate control algorithm is to maximize the throughput (by choosing the largest constellation for each burst which satisfies the target BER) but at the same time minimize the number of unnecessary data rate switchings. This is in contrast to known systems, which simply select the highest data rate that will satisfy the target bit error rate at the receiver.

Generally, in a communication system, the user throughput is a function of the channel conditions, e.g., the received signal-to-interference ratio (SIR), and the modulation scheme. The user SIR is a function of the transmit power of all users in the system. The transmit powers of unwanted users (e.g., AP2, RT5 and RT6 in FIG. 1) cause interference and potentially can reduce the SIR for the desired user. By employing distributed power control techniques, this interference can be minimized or reduced to an acceptable level. Another method to improve throughput is to use adaptive modulation,

i.e., change the modulation level or coding rate by adapting it to the channel condition. In accordance with several embodiments of the invention, in the downlink, fast power control techniques are not employed but slow power adjusting techniques may be employed; however, an optimal rate control
5 algorithm is employed.

In any practical system, the number of bits transmitted within each symbol is restricted to a finite number of values. For example, when using an M-QAM modulation scheme, the constellation size is restricted to $M_j = 2^j, j = 1, 2, \dots, J$, making the bits per symbol equal to one of a small set of
10 values. For the M-QAM modulation scheme, the throughput (spectral efficiency) is defined in terms of bits/Hz/subcarrier as follows:

$$T_j(\gamma) = (1 - p_{b,j}(\gamma)) \log_2(M_j) \quad \text{Eq. (8)}$$

where $0 \leq p_{b,j} \leq 1$ is the uncoded BER (i.e., the BER at the output of a demodulator of the receiver) associated with j^{th} QAM constellation, γ is the SIR of the received signal and M is the constellation size. In the ideal case, it follows that:

$$2^b - 1 = \frac{S}{N} \quad \text{Eq. (9)}$$

which means each extra bit, i.e. doubling constellation size, requires roughly an extra 3 dB increase in SNR (doubling the SNR in the linear scale). For example, BPSK requires about 3 dB, QPSK requires about 6 dB, 16-QAM
25 requires about 12 dB, and 64-QAM requires about 18 dB.

Referring next to FIG. 3, a functional block diagram is shown of several components of a remote terminal of the cell of FIG. 2, which according to several embodiments of the invention, implements a rate control algorithm

for downlink communications from the access point to the remote terminal.

While referring to FIG. 3, concurrent reference will be made to FIG. 4, which is a flowchart illustrating the steps performed by a receiver, for example, a remote terminal of FIGS. 2 and 3, in implementing the distributed
5 rate control algorithm for downlink communications from the access point to the remote terminal according to one embodiment of the invention.

Shown is an antenna 302, a radio frequency/intermediate frequency portion 304 (hereinafter referred to as the RF/IF portion 304), a demodulator 306, a channel condition metric estimation 308, a baseband
10 processing portion 310, a state determination module 312, a rate control module 314, a memory 316 and a delay 318. Also illustrated is an RF/IF integrated circuit device 320 (also referred to as the RF/IF IC device 320) including the antenna 302 and the RF/IF portion 304 coupled to a baseband integrated circuit device 322 (also referred to as the baseband IC device 322)
15 including the demodulator 306, the channel condition metric estimation 308, the baseband processing portion 310, the state determination module 312, the rate control module 314, the memory 316 and the delay 318.

In one embodiment, it is assumed that the transmit power of the transmitter communicating with the receiver is fixed. For example, in the
20 system of FIG. 2, the transmit power for AP1 is fixed at a level P_{Tx} , i.e., there is no power control for the downlink direction. This is so that the access point, e.g., AP1, can communicate with any remote terminal within the physical boundaries of the cell. However, it is noted that power control algorithms may also be implemented along with the rate control algorithms of several
25 embodiments of the invention. It is also assumed that the transmitter, e.g., AP1, is capable of transmitting packets for the receiver, e.g., each of RT1, RT2, RT3 and RT4, in the downlink with different bit rates, $R_1 < R_2 < \dots < R_J$, $R_j = \log_2(M_j)$, and $M_j = 2^j$, $j = 1, 2, \dots, J$, for example using an M-QAM modulation scheme (e.g., BPSK, QPSK, 16-QAM, 64-QAM, etc.). Each of these
30 constellations may be differently encoded to produce more than J admissible

rates or PHY modes. Furthermore, it is understood that the communications may be transmitted according to any known single carrier or multicarrier modulation.

5 The antenna 302 (e.g., at RT1) receives communications from a transmitter (e.g., AP1) over a forward channel (e.g., forward channel 202) and couples to the RF/IF portion 304. Thus, a signal (e.g., a signal or burst transmitted within a medium access control (MAC) frame) is received from the forward channel (Step 402 of FIG. 4), the signal being transmitted from a transmitter (e.g., AP1) using one of the available rates. It is noted that the
10 received signal may be any communication burst from the transmitter. In some embodiments, the signal comprises a portion or burst transmitted within a MAC frame, one or more MAC frames, or other communication burst from the transmitter that is not part of a MAC frame structure or is asynchronously transmitted. It is noted that the channel conditions, e.g., the
15 SIR of the received signal, at the receiver are subject to fluctuations due to changes in the wireless channel characteristics.

The signaling is downconverted from RF to IF and from IF to baseband at the RF/IF portion 304. Next, the signal is processed at the demodulator 306. It is noted that in preferred embodiments, each signal
20 received is an OFDM signal, such that the demodulator 306 includes a fast Fourier transform (FFT). The demodulated signal is then forwarded to the baseband processing portion 310 which outputs to the MAC layer.

In parallel to the baseband processing, a channel condition metric is obtained at the channel metric estimation (Step 404 of FIG. 4). In one
25 embodiment, the signal-to-interference ratio (SIR) is measured for the signal received over the forward channel from the transmitter at the channel condition metric estimation 308; however, it is understood that other measurements reflecting the channel conditions may be performed, such as measuring the signal-to-noise ratio (SNR) or distortion level of the received
30 signal. The received signal was transmitted using one of a finite set of

available rates. In the case of a multicarrier signal, such as an OFDM signal, the channel condition metric is measured as an aggregate or average over the multiple subcarriers of the multicarrier waveform. It is also noted that in some embodiments, the channel conditions may be measured for each subcarrier of a multicarrier waveform. The channel condition metric estimation 308 process may be performed according to any well known techniques in the art. It is noted that although the channel condition metric estimation 308 is taken at baseband in this embodiment, in other embodiments the channel condition metric estimation 308 could occur at IF, as is well known in the art.

Next, the output of the channel condition metric estimation 308 is used by the state determination module 312 to determine what is the state of the channel for the signal received (Step 406 of FIG. 4). For example, let $S = \{0, 1, \dots, K-1\}$ denote a finite set of K channel states. The range of the received signal-to-interference ratio (SIR) is partitioned into a finite number of intervals. The members of set S correspond to those partitions. Let $\Gamma_0 = 0 < \Gamma_1 < \Gamma_2 < \dots < \Gamma_K = \infty$ be the thresholds of the received SIR. In one embodiment, the receiver, e.g., RT1, constantly monitors the channel by measuring the received SIR for received signaling. In the n^{th} iteration of the optimal rate control algorithm, the channel is said to be in channel state s^k if the received $SIR \in [\Gamma_k, \Gamma_{k+1})$. Once the various thresholds defining each channel state are defined, the state determination module 312 is a simple comparator that compares the measured channel condition metric, e.g., SIR, with the predefined ranges to determine the state of the channel. In one embodiment of a packet-based transmission system, the channel condition metric is measured once during the entire packet transmission time of one RT. However, in other embodiments, the channel condition metric may be sampled more frequently. This would ultimately lead to a rate control algorithm that converges closer to an optimal solution by matching itself to the channel behavior; however, this requires over-sampling of the channel

condition metric, e.g., SIR, resulting in more computations required at each RT while receiving its packets.

Once the state of the channel is determined (step 406 of FIG. 4), the channel state output, s_n , is input to the rate control module 314 for the n^{th} iteration of the optimal rate control algorithm, where $s_n = s^k$. The rate control module 314 implements the optimal rate control algorithm of several embodiments of the invention. The objective of the optimal rate control algorithm is to make a decision as to what rate should be used for a subsequent signal or burst, e.g., transmitted within a MAC frame, to the receiver based upon the measured channel conditions. The decision is made to maximize the throughput (by choosing the largest constellation for each burst which satisfies the target BER) but at the same time minimize the number of unnecessary data rate switchings. In order to accomplish this, a cost function is defined for selecting the appropriate rate for the next signal to be transmitted to the receiver.

Thus, according to one embodiment of the invention, cost functions are determined that correspond to selecting each of the available rates for the next or subsequent signal to be transmitted by the transmitter given that the current signal has been transmitted using one of the available rates, these cost functions are a function of the throughput over the forward channel given each of the available rates and a cost associated with a change in rate (Step 408 of FIG. 4). Thus, the rate control module 314 determines, given that the rate of the received signal $r_n = R_1$ (where n is the iteration index and is also referred to as the signal count or in some embodiments, the frame count), what is the cost of staying at R_1 , going to R_2 , going to R_3 and going to rate R_L (where L is the total number of PHY modes) for the rate r_{n+1} for the next signal (the $(n+1)^{th}$ signal, e.g., transmitted in the $(n+1)^{th}$ MAC frame) which will be used in the $(n+1)^{th}$ iteration of the optimal rate control algorithm. Next, the maximum cost function out of the cost functions is selected, the maximum cost function corresponds to the optimum one of the

available rates to be used by the transmitter in the next signal to the receiver (Step 410 of FIG. 4). The optimum one of the available rates to be used for the next signal, i.e., r_{n+1} , given the rate r_n and channel state s_n during the current received signal (e.g., the n^{th} signal or n^{th} iteration of the algorithm) is saved in memory 316 (Step 412 of FIG. 4). The following describes several
5 embodiments of the cost functions employed by the rate control module 314 when implementing Steps 408 through 412 of FIG. 4.

According to one embodiment, a positive reward is assigned for selecting the largest possible constellation, e.g., M-QAM constellation, and a
10 cost C (negative reward) is assigned for switching the rate. The rate control algorithm of several embodiments attempts to maximize this aggregate cost for the entire duration of a session between a given receiver (e.g., RT1) and a given transmitter (e.g., AP1). The positive reward encourages the receiver to select the highest rate, but the negative cost discourages the receiver from
15 switching the rate. If decisions are made solely on the basis of the highest rate without any penalty for switching the rate, then a ping-pong effect may develop, where the receiver requests that the transmitter switch back and forth between two rates. Therefore, reducing the number of rate switchings is important, because in a wireless channel there are many occasions where the
20 channel conditions deteriorate for a short time but might recover quickly right after that. Reacting to all channel fluctuations by changing the rate could be wasteful in terms of efficient use of system resources. On the other hand, if the rate switching decisions are put off too long by choosing C ($C < 0$) too small, then the link quality may drop below acceptable levels before
25 switching to the appropriate rate (i.e., procrastination in switching the rate is not good either). This may lead to involuntarily termination of the link in the middle of a session, which is undesirable and to be avoided. Therefore, the rate control algorithm of several embodiments attempts a balanced trade off between these two system parameters, i.e., maximizing throughput and
30 minimizing unnecessary rate changes.

The rate control module 314 performs the rate control algorithm to decide what rate should be used at the transmitter for the $(n+1)^{\text{th}}$ signal (r_{n+1}) based on the channel state (s_n) determined at the receiver and the rate (r_n) used for the n^{th} signal. This decision is sent back to the transmitter (e.g., AP1) as a rate update message via the reverse channel (Step 414 of FIG. 4). Upon receiving this information in the reverse channel, the transmitter then adjusts its rate for the next signal (e.g., MAC burst) to be transmitted to the receiver. Measurements taken at the receiver are input to the rate control module 314 in order to make the decision. The process represents a closed loop rate control algorithm. The decision output from the rate control module 314 is illustrated as r_{n+1} in FIG. 3. Thus, a feedback channel is needed between the transmitter and receiver (e.g., reverse channel 204). In one embodiment, if there are L admissible rates or PHY modes in the system, then the reverse channel should be at least $\log_2 L$ -bits long. Several embodiments of the optimal rate control algorithm are specifically designed for a dynamic TDMA/TDD scheme where the duty cycle of each traffic burst within a cell and the interfering terminal(s) from neighboring cells will change from frame to frame. This causes more severe fluctuations in the channel conditions, e.g., the received SIR levels. Memory 316 is coupled to the rate control module 314 to store the decision r_{n+1} of the algorithm. Furthermore, the output of the rate control module 314 is passed through a delay 318 such that the decision corresponding to the n^{th} frame, r_n , is used as an input to the rate control module 314 to determine the rate for the $(n+1)^{\text{th}}$ frame, r_{n+1} .

Now let $\{s_n, n=0,1,\dots\}$ be a discrete time process. At any given time the state of the channel s_n takes its value from a finite state space denoted by the set of non-negative integers $S=\{0, 1,\dots, K-1\}$. During the n^{th} iteration of the algorithm or the n^{th} received signal (e.g., MAC frame), for $n=1,2,\dots$, the channel is in channel state s_n and the symbols are transmitted in the downlink using one of the L possible rates. For example, the L possible rates include J rates of an M-QAM modulation with rate $R_j=\log_2(M_j)$, $j=1,2,\dots,J$. Furthermore,

each constellation may be encoded differently to effectively produce more admissible rates or PHY modes. For example, a listing of admissible rates may include BPSK, QPSK rate $\frac{1}{2}$, QPSK rate $\frac{3}{4}$, 16-QAM rate $\frac{1}{2}$, 16-QAM rate $\frac{3}{4}$, etc., for a total of L possible or admissible rates or PHY modes in the

5 system.

Accordingly, a decision needs to be made so as to which rate to select for transmitting the packets in the downlink during the $(n+1)^{th}$ signal, e.g., transmitted in the $(n+1)^{th}$ MAC frame. Given that the decision at the output of the rate control module 314 r_{n+1} denotes the L -valued random
 10 variable which encodes the decision taken at time n , i.e., if $r_{n+1}=l$, $l=1, 2, \dots, L$, then the rate that will be used during the $(n+1)^{th}$ signal will be R_l , where $l=1,2,3,\dots,L$.

Now, the aggregate two-dimensional state of the system or "system state" is defined as (s_n, r_n) which takes values in
 15 $\{0,1,\dots,K-1\} \times \{1,2,\dots,L\}$. Thus, as illustrated in FIG. 3, the aggregate state of the system or system state is input to the rate control module 314. Suppose that for the $(n+1)^{th}$ signal based on the n^{th} received signal, the receiver chooses rate u (which can be any of the L admissible rates) for r_{n+1} while the aggregate system state is (s_n, r_n) . Then, an instantaneous cost-per-stage is incurred
 20 according to the following cost function:

$$R(s_n, r_n, u) = \begin{cases} T(r_n, s_n) & \text{if } u = r_n \\ C + T(u, s_n) & \text{if } u \neq r_n \end{cases} \quad \text{Eq. (10)}$$

where $T(r_n, s_n)$ is the throughput or capacity when rate r_n (i.e., $u=r_n$) is used
 25 for r_{n+1} while the channel is in channel state s_n , $T(u, s_n)$ is the throughput when rate u is used for r_{n+1} while the channel is in channel state s_n , and the cost $C < 0$. Thus, according to Eq. (10), when the same rate is used for r_{n+1} of

the subsequent signal (e.g., $u = r_n$), the cost-per-stage function $R(s_n, r_n, u)$ is the throughput using rate r_n , and when a different rate is selected for r_{n+1} of the subsequent signal (e.g., $u \neq r_n$), the cost-per-stage function $R(s_n, r_n, u)$ is the throughput using the different rate u for r_{n+1} plus a cost C associated with changing the rate from r_n to u . It is noted that generally, the rate u (whether equal to r_n or not) that is selected for r_{n+1} is the rate which provides the optimal or lowest overall cost, which is further described below.

It is noted that the throughput for rates r_n and u in Eq. (10) may be determined in many ways. In preferred embodiments, the throughput for each of the available rates is measured given many different channel conditions (e.g., channel conditions coinciding with the channel states defined by the state determination module 312) in controlled tests. These values of the throughput of different rates during different channel conditions are stored in the receiver, e.g., within memory 316, and become the values of $T(r_n, s_n)$ used in Eq. (10). In other embodiments, the throughput may be determined according to Eq. (8), using theoretical analysis.

The cost-per-stage function $R(s_n, r_n, u)$ is a bounded mapping with $R: \{1, 2, \dots, K-1\} \times \{1, 2, \dots, L\} \times \{1, 2, \dots, L\} \rightarrow \mathcal{R}$, where \mathcal{R} denotes the set of real numbers. Let $\pi(s_n, r_n), \pi: \{0, \dots, K-1\} \times \{1, 2, \dots, L\} \mapsto \{1, 2, \dots, L\}$ be the optimal rate control policy, which provides the optimal rate r_{n+1} for the next signal or burst (e.g., MAC frame), given the initial condition (channel state s_n and the rate r_n). Given the evolution of the aggregate system state $\{(s_n, r_n), n=1, 2, \dots, T\}$, where T is the number of signals (e.g., MAC frames) during the session, it is desired to determine the solution of the following maximization problem:

$$V^\pi(s_0, r_0) = \max_{u \in \{1, 2, \dots, L\}} E_{s_0, r_0}^\pi \left[\sum_{n=0}^T \beta^n R(s_n, r_n, u) \right] \quad \text{Eq. (11)}$$

where (s_0, r_0) is the initial system state, E_{s_0, r_0}^π denotes the expectation under the optimal rate control policy π , $0 < \beta \leq 1$ is a discount factor, and $R(s_n, r_n, u)$ is the cost-per-stage function during the n^{th} iteration as defined in Eq. (10). The above overall cost function $V^\pi(s_0, r_0)$ reflects the fact that while choosing the rate r_{n+1} for the $(n+1)^{th}$ signal (e.g., frame), the effect of this decision should be accounted for on the future behavior of the system. For the case where $0 < \beta \leq 1$, the use of the discount factor β is motivated by the fact that a cost to be incurred in the future is less important than one incurred at the present time instant. In other words, the rate control algorithm is interested in what effect a rate change will have in the next few subsequent signals (e.g., MAC frames), rather than what effect the rate change will have many signals in the future.

It is important to mention that the discount factor β also has a practical meaning in the system. A session between a transmitter and a receiver initiated at time $n=0$ will last a random number of T signals (e.g. T frames). As such, the probability that a given session is terminated in the current signal (MAC frame) is given as $1 - \beta$, and the probability that a session continues in next signal (MAC frame) is β . Consequently, session duration random variable T is geometrically distributed with

$$P[T = n + 1] = (1 - \beta)\beta^n \quad \text{Eq. (12)}$$

In other words, the probability that the session duration to be T signals equal to $n+1$ is given by Eq. (12), where β is the discount factor.

Given the relationship in Eq. (12), and using the well-known theory of dynamic programming and the Bellman principle of optimality in mathematics (e.g., such as described in D. Bertsekas, "Dynamic Programming & Optimal Control", Vol 2., Athena Scientific, 1995, pp. 2-12, which is incorporated herein by reference), the following equation provides an implicit

equation that is satisfied by the optimal discounted cost function $V(s, r)$ as stated in Eq. (11):

$$V_n(s_n, r_n) = \max_{u \in \{1, 2, \dots, L\}} \{R(s_n, r_n, u) + \beta V_{n-1}(s_n, u)\} \quad \text{Eq. (13)}$$

5

where $R(s_n, r_n, u)$ is the cost-per-stage function as defined in Eq. (10), u assumes any possible value out of the L admissible rates for the rate r_{n+1} , and r_{n+1} is the optimal one of the L rates to be used for the $(n+1)^{th}$ signal and is given by:

10

$$r_{n+1} = \arg \max_u \{R(s_n, r_n, u) + \beta V_{n-1}(s_n, u)\} \quad \text{Eq. (14)}$$

15

where β ($0 < \beta \leq 1$) is the discount factor, s_n is the channel state during the n^{th} iteration (or equivalently the n^{th} received signal or MAC frame) of Eq. (13), r_n is the rate of the current or n^{th} signal (e.g., during the n^{th} MAC frame) and r_{n+1} is the optimal rate to be used in the subsequent signal (i.e., $(n+1)^{th}$ frame), L is the number of available rates, and n is the iteration index and is also referred to as the signal (or frame) count. Thus, $V_n(s_n, r_n)$ provides the optimal solution to the Eq. (11) during the n^{th} iteration and depends on the solution of

20

$V(s, r)$ during the previous signal or iteration, which is shown as $V_{n-1}(s_n, u)$ in Eq. (13). Eq. (13) is iterated many times in order to determine the optimal discounted cost function $V_n(s_n, r_n)$ given many different system states (i.e., many different combinations of channel states s_n and current rates r_n).

25

Therefore, according to Eq. (14), the optimal rate r_{n+1} to be selected for the subsequent signal is the rate u (which may be any one of the L admissible rates) that maximizes or optimizes Eq. (13) depending on the channel state s_n and rate r_n (which is also one of the L admissible rates) of a currently received signal. Thus, solving Eq. (13) represents one embodiment of implementing Steps 408 and 410 of FIG. 4.

Thus, the optimal rate policy $\pi_n(s_n, r_n)$ for the n^{th} iteration provides the rate r_{n+1} to be used by the transmitter for the next signal, e.g., frame, to be transmitted to the receiver via the forward channel, which is the optimal solution of Eq. (13) and is given by Eq. (14).

5 Eqs. (13) and (14) provide an iterative algorithm to find the solution of the throughput maximization problem cast in Eq. (11). Eq. (13) represents a forward dynamic programming algorithm, similar to that known in the Viterbi decoding algorithm (maximum likelihood algorithm). According to Eq. (13), the cost function $V_n(s, r)$ during iteration n depends on
10 the calculation of $V_n(s, r)$ during iteration $n-1$ and is represented by the term $V_{n-1}(s_n, u)$ in Eq. (14). Thus, the discounted cost function of iteration n is equal to a maximization of the cost function for the previous iteration discounted by β plus the cost-per-stage function $R(s_n, r_n, u)$ over all possible values for $u \in \{1, 2, \dots, L\}$. It is noted that initially (during the first iteration of
15 Eq. (13)), the cost function $V_{n-1}(s, r)$ is set to zero for all possible values of r and s .

Referring next to FIG. 5, a trellis diagram is shown illustrating the rate control algorithm updates for a given channel state according to one embodiment of the invention. The trellis diagram of FIG. 6 represents an
20 illustration of the maximization provided in Eq. (13) and Eq. (14).

While referring to FIG. 5, concurrent reference will also be made to FIG. 6, which is a flowchart illustrating the steps performed by a rate control module of a remote terminal of FIGS. 2 and 3 when implementing the optimal rate control algorithm of one embodiment of the invention. In one
25 embodiment, the steps performed in FIG. 6 represent one embodiment of the steps performed to accomplish Steps 408 and 410 of FIG. 4.

Referring to the Trellis diagram, during a given iteration n of the optimal rate policy, by fixing the channel state $S=s^k$ (where s^k is a member of set $S=\{0, 1, \dots, K-1\}$ defining a finite set of K channel states), and defining a
30 new set of admissible rates $R_l, l=1, 2, \dots, L$, a remote terminal is said to be in

system state (s_n, r_n) if the channel is in channel state s_n when the n^{th} signal is transmitted and the rate R_l is used for the rate r_n of the n^{th} signal transmitted from the transmitter (i.e., n also refers to the iteration count of the optimal power control algorithm). Thus, FIG. 5 shows stages of the trellis diagram

5 derived by fixing the channel state at $S=s^k$. It is noted that this Trellis diagram represents only one of K channel states (i.e., channel state s^k), thus, a separate trellis diagram is to be constructed for each of the K channel states. The Trellis diagram illustrates various system states (s^k, r) during iterations n and $n-1$ of Eq. (13), where s^k is the measured channel state (s^k being a member of set S) and rates R_l are the rates r_n for the n^{th} signal transmitted (e.g., in the n^{th} frame).

Furthermore, it is noted that in one embodiment, the system states on the right side of the Trellis (illustrated as R_1 through R_L) represent the system state (s, r) during the n^{th} iteration (i.e., (s^k, r_n)), while the system states on the left column of the Trellis (illustrates as R_1 through R_L) represent the system state (s^k, r) during iteration $n-1$ (i.e., (s^k, r_{n-1})). In this embodiment, iteration n is assumed to correspond to the optimization or maximization performed on the current received signal or MAC frame (e.g., using Eq. (13)), while iteration $n-1$ corresponds to optimization performed on the previous signal or MAC frame.

According to several embodiments of the invention, for all branches of the Trellis arriving in one of the trellis system states, the path metrics or cost functions using Eq. (13) are computed. For example, if the remote terminal is determined to be in channel state s^k during iteration n (e.g., by the state determination module 312) and the current rate is $r_n=R_1$ (corresponding to the stage R_1 on the right column of the trellis diagram), Eq. (13) is used to determine the respective cost functions for each path arriving at system state R_1 from the various previous system states R_1 through R_L on the left side of the trellis diagram during iteration $n-1$ (Step 602 of FIG. 6). Again, each of these cost functions is a function of the throughput and a cost

associated with switching the rate. Of these paths, the maximum cost function is selected which corresponds to the maximized cost associated with arriving at a particular system state of the trellis (Step 604 of FIG. 6).

As is illustrated in the trellis diagram, for the given iteration n ,
 5 the cost-per-stage function $R(s_n, 1, 1)$ for arriving at system state R_1 from system state R_1 is T_1 , $R(s_n, 1, 2)$ for arriving at system state R_1 from system state R_2 is $C+T_2$, $R(s_n, 1, 3)$ for arriving at system state R_1 from system state R_3 is $C+T_3$ and the $R(s_n, 1, L)$ for arriving at system state R_1 from system state R_L is $C+T_L$. Thus, according to one embodiment, Eq. (13) is solved for each of the
 10 paths arriving at stage R_1 on the right side of the diagram, i.e.,
 $\{R(s_n, 1, 1) + \beta V_{n-1}(s_n, 1)\}$, $\{R(s_n, 1, 2) + \beta V_{n-1}(s_n, 2)\}$, $\{R(s_n, 1, 3) + \beta V_{n-1}(s_n, 3)\}$, and
 $\{R(s_n, 1, L) + \beta V_{n-1}(s_n, L)\}$, where $s_n = s^k$ and the maximum path is selected.
 Again, during the first iteration, $V_{n-1}(s, r)$ is set to zero for all values of s and r .
 For example, assume that the result of Eq. (13) yields that the path arriving at
 15 system state R_1 (at iteration n) from system state R_2 (at iteration $n-1$) is the maximum cost function. Thus, in a forward dynamic programming manner, this means that the algorithm has gone back to iteration $n-1$ and determined what is the cost function of going forward to the present system state at iteration n (in this example, R_1). In this embodiment, the cost to arrive at a
 20 current system state using rate r_n from a previous system state using rate x in the trellis corresponds to the cost to go from the current system state using rate r_n to subsequent system state at rate x , where x becomes the decision r_{n+1} of the rate control module 314, which may or may not be equal to r_n . Thus, if the maximum path yielded by Eq. (13) and Eq. (14) indicates that the
 25 optimum or maximum rate change to system state R_1 is from system state R_2 , then given that the system receives signaling at $r_n = R_1$, then the optimal rate for the next signal is $r_{n+1} = R_2$. As such, the optimal rate r_{n+1} is saved as the rate for the subsequent signal (e.g., to be transmitted in the next frame) to be transmitted to the receiver by the transmitter (Step 606 of FIG. 6). Thus, the

rate control module 314 will instruct the transmitter to use R_2 as the rate during the next signal. Only the trellis path arriving at system state R_1 from system state R_2 is saved in memory and all other branches arriving at system state R_1 will be discarded. Thus, knowing that the maximum path to arrive to system state R_1 is from system state R_2 , anytime the receiver is in channel state s^k , and the current rate r_n is R_1 (i.e., $r_n=R_1$), the receiver will instruct the transmitter to use R_2 for the next signal (i.e., $r_{n+1}=R_2$). Again, the system states in the right hand column of the trellis represent the state (s,r) of the system at channel state s^k and current rate r for the n^{th} iteration. The system states in the left hand column represent the state (s,r) of the system at channel state s^k and for the rate during iteration $n-1$, which once optimized, represents the rate r_{n+1} for the next signal. It is noted that in alternate embodiments, the cost function may be determined as a maximized cost to go from a current system state to each of several subsequent system states each having a different one of the available rates, rather than a cost to arrive at the present system state using the present rate from a previous system state using each of the available rates.

The process described above to determine the maximum path or maximum cost function for a given rate r is basically one iteration for updating $V_n(s, r)$, in Eq. (13), for a given channel state s^k . This procedure will be repeated for all other system states of the trellis in other iterations, i.e., the process is repeated to find the maximum path metric according to Eq. (13) and Eq. (14) for the paths entering each system state (illustrated as R_1 through R_L) on the right side of the trellis and that maximum path will be stored in memory. Furthermore, the process is repeated for all K channel states, i.e., a separate Trellis diagram is generated for each of the K channel states. By translating the iterative algorithm represented by Eq. (13) into a Trellis diagram for each channel state, it becomes much easier to understand. Thus, in one embodiment, the receiver creates K (equal to number of channel states s^k , where $k=0,1,2,\dots,K-1$) trellis diagrams similar to the one described in FIG. 6, but only needs to keep one stage of the trellis per rate on the right side of the

trellis. Therefore, if there are K channels states and L different rates, then receiver needs KL memory locations to keep the previous values of the K trellis diagrams (L rates per trellis diagram). But the receiver only needs to update L of those memory locations associated with the channel state for the current signal or MAC burst measurement. In some embodiments, the number of operations to update those L memory locations will be L^2 . For most practical cases of interest L^2 is not a big number and this will not be computationally a burden for most receivers.

The unique way in which the optimal rate control algorithm is interpreted, in terms of updating a trellis diagram in an iterative manner, provides an adaptive, real-time rate control algorithm for a general communication system.

It is noted that the steps listed in FIGS. 4 and 6 generally represent the steps performed by the rate control module in performing the optimal rate control algorithm according to several embodiments of the invention. These steps may be performed may be performed by the optimal rate control module 314 of FIG. 3 and/or may be performed as a set of instructions that are performed in dedicated hardware or in software using a processor or other machine to execute the instructions to accomplish the given steps.

Referring next to FIGS. 7-9 represent simulation results of an optimal rate control algorithm in the downlink of a communication system, such as shown in FIG. 3.

FIG. 7 illustrates a graph of transmitted bits per symbol versus range with and without the distributed downlink rate control algorithm of several embodiments of the invention. Line 702 illustrates the simulation results using an optimal rate control algorithm in the downlink while line 704 illustrates a system not using the optimal rate control algorithm in the downlink. FIG. 7 confirms that the downlink optimal rate control algorithm according to several embodiments of the invention is superior to the non-

optimal rate control algorithm over the entire range. In this simulation, it has been assumed that the system uses forward error correction (FEC) and automatic repeat request (ARQ) at the MAC layer. This is a robust link is obtained for a wide range of distance between the remote terminals and the AP. As illustrated, the optimal rate control algorithm becomes more effective as the RTs get closer to the cell boundaries, i.e., as the range is increased. This effectiveness comes at a cost, which is more complexity compared to the non-optimal approach; however, in most cases this complexity is not high and can be handled easily.

An important factor for the optimal adaptive rate control algorithm according to several embodiments is its convergence rate. FIGS. 8 and 9 are graphs of the error versus frame count in linear scale and logarithmic scale, respectively, illustrating the convergence of the distributed rate control algorithm of several embodiments of the invention. Convergence typically occurs when most of the maximum path metrics or cost functions for each channel state K are determined and stored, i.e., the maximum paths are determined for each of the rates in each of the K Trellis diagrams. In FIGS. 8 and 9, the error term e_n for the optimal rate control algorithm is demonstrated and is given by:

$$e_n = \|V_n(s, r) - V_{n-1}(s, r)\| \quad \text{Eq. (15)}$$

where $V_n(s, r)$ is given by Eq. (13). The error term e_n can be easily updated in each iteration of updating the trellis diagram for the optimal rate control algorithm. In terms of Eq. (15), convergence occurs when e_n becomes small. In order to show that our algorithm converges very fast, the error term is displayed in a logarithmic scale in FIG. 9. This figure shows that with only 50 iterations the error term is less than 4%.

Referring next to FIG. 10, a flowchart is shown that illustrates

one embodiment of the steps performed by the remote terminal of FIGS. 2 and 3 when implementing the optimal rate control algorithm of one embodiment of the invention.

Steps 1002 through 1010 represent several preliminary steps to initialize the system in order to perform the optimal rate control algorithm of several embodiments of the invention. In one embodiment, the received SIR is partitioned into a finite number of intervals, e.g.,
 $\Gamma_0 = 0 < \Gamma_1 < \Gamma_2 < \dots < \Gamma_K = \infty$ (Step 1002). This is such that the channel state of the received signaling can be determined. Next, the wireless channel state is set for each SIR measurement instance, such that the wireless channel can only be in one of $K+1$ possible states s^k , where $k \in \{0, 1, \dots, K-1\}$ (Step 1004). Next, the downlink transmission rate is set for each remote terminal to one of L admissible rates R_l , where $r_n \in \{0, 1, \dots, L\}$ (Step 1006). Next, a cost-per-stage function $R(s_n, r_n, u)$ is selected, such as given in Eq. (10) (Step 1008). Next, initialize the optimal cost function $V_0(s_0, r_0)$ (e.g., as given in Eq. (13)) is initialized to zero for all possible values of the channel state s_n and rate r_n , and the iteration index n is set equal to one (Step 1010).

Next, in operation, the channel condition metric is measured, e.g., the received SIR, during the n^{th} iteration (Step 1012) and the channel state s_n is determined (Step 1014), where $s_n = s^k$. Next, for values of u from 1 to $L+1$ in increments of 1, determine the optimal cost function $V_n(s, r)$ for the n^{th} iteration (Step 1016). In one embodiment, Step 1016 is performed using Eq. (13). Next, the optimal rate control policy r_{n+1} is determined based on the determined optimal cost function (Step 1018), such as shown in Eq. (14) according to one embodiment.

In one embodiment, Step 1012 through Step 1018 are generally performed until the optimal rate control algorithm converges, i.e., until the error term provided in Eq. (15) becomes sufficiently small. This means that the optimal path or cost function has been determined for most of the channel states and most available rates. The convergence is illustrated in FIGS. 8 and

9. Thus, next, the rate control module determines if the error term has been exceeded (Step 1020), e.g., is $\|V_n(s, r) - V_{n-1}(s, r)\| > e_n$, where e_n is defined by the system. If the error term is exceeded, Steps 1012 through Step 1018 are repeated for more values of s and r . If the error term is not exceeded, then the rate control algorithm is done, since it already has determined the optimal rates to use given the channel state s and the available rates for r_n . It is noted that each of the remote terminals will continue to instruct the appropriate transmitter to select the optimal rate, but that the process of updating the Trellis diagrams and computing Eq. (13) and Eq. (14) is completed.

10 It is noted that the steps of FIG. 10 represents the steps performed in implementing the optimal rate control algorithm of several embodiments of the invention. In preferred embodiments, Steps 1002, 1004, 1108, 1010, 1016, 1018 and 1020 are performed at the receiver; however, these steps may also be performed at the transmitter or other central controller. In other embodiments, Steps 1016 and 1018 are performed by the rate control module of FIG. 3. In most embodiments, it is generally only necessary that Step 1012 be performed at the receiver; however, even Step 1012 may be performed remote to the receiver. For example, according to one embodiment, the rate control module of FIG. 3 performs Steps 1002, 1004 and 1008 through 1020. It is also noted that these steps may be performed as a set of instructions that are performed in dedicated hardware, firmware or in software using a processor or other machine to execute the instructions to accomplish the given steps.

25 While the invention herein disclosed has been described by means of specific embodiments and applications thereof, numerous modifications and variations could be made thereto by those skilled in the art without departing from the scope of the invention set forth in the claims.